

Friesengang 2024 - 13.10.2023

Strecke(km)	Startnummer	Name	Vorname	Zeit
5,5	5007	Abeling-Kirchner	Gaby	00:40:12
10	10020	Altvater	Rainer	01:43:12
10	10021	Altvater	Marianne	01:43:12
5,5	5005	Beewen	Bennet	00:32:12
10	21026	Bohlen	Arne	01:24:12
20,8	21053	Bokern	Markus	01:55:55
20,8	21032	Bösemann	Melanie	01:56:49
20,8	21073	Brinkmann	Anne	01:47:00
21	15004	Bröring	Gisela	01:56:04
21	15009	Bruns	Lena	02:14:59
10	10006	Büchau	Bärbel	01:48:12
20,8	21035	Dickmajer	Olaf	02:09:29
20,8	21063	Dirkes	Dominik	01:25:50
20,8	21056	Drees	Volker	01:59:25
20,8	21071	Dshus	Tatjana	01:55:16
20,8	21039	Dümmermann	Jannik	02:02:44
20,8	21027	Dumrath	Ulrike	02:02:13
15	15005	Eveslage	Aloysia	01:28:23
20,8	21033	Fanslau	Paul	01:37:30
10	10026	Flaßkamp	Martin	01:00:12
20,8	21002	Franke	Tim	01:40:46
20,8	21001	Franke	Kai	02:14:18
10	10002	Fröhling	Patrick	00:56:12
10	5002	Gavrylyuk	Yuriy	00:52:12
10	10004	Gietner	Mareike	01:08:12
20,8	21061	Glässel	Ines	02:02:26
5,5	5006	Grüß	Ulrike	00:40:12
20,8	21038	Harmeyer	Kristina	02:18:02
20,8	21015	Heitkamp	Sonja	01:56:53
20,8	21067	Helm	Neele	03:27:32
20,8	21059	Hesse	Marvin	02:32:44
20,8	21046	Hilgefert	Karsten	01:55:22
20,8	21031	Hinz	Stephan	01:48:51
20,8	21009	Hirse Korn	Jan	02:14:23
5,5	5004	Hohbein	Marcel	00:32:12
20,8	21064	Holm	Igor	01:45:11
10	21077	Honerlage	Ingrid	01:51:12
20,8	21076	Honerlage	Reinhard	02:53:04
20,8	21075	Hörman	Maike	03:59:24
20,8	21074	Hörmen	Martin	03:59:10
5,5	5013	Israel	Finnja	00:42:12
15	10018	Israel	Nele	01:41:30
20,8	21057	Karbstein	Stefan	01:56:28
20,8	21014	Kemper	Maren	02:16:12
10	10005	Kolkmann	Edith	01:48:12

Strecke(km)	Startnummer	Name	Vorname	Zeit
20,8	21047	König-Upmeyer	Jens	01:45:37
10	10024	Koop-Tobinski	Verena	01:00:12
10	10011	Köster	Leonie	00:54:12
5,5	5015	Köstler	Sören	00:32:12
5,5	5014	Krieger	Jürgen	00:35:12
20,8	21044	Krogmann	Gerald	01:50:58
20,8	21013	Kutza	Heiner	03:18:21
10	10009	Lampe	Tatjana	00:59:12
10	10010	Lampe	Sascha	00:59:12
15	15006	Lampe	Ursula	01:36:44
20,8	21012	Lampe	Klaus	03:19:19
20,8	21060	Lapinske	Florian	01:45:27
20,8	21041	Lasai	Jan-Philipp	02:25:16
10	10019	Lindemann	Andrea	01:14:12
10	10023	Lücke	Uwe	01:34:12
20,8	21040	Macke	Monique	02:18:30
10	21054	Meyer	Birgit	01:08:12
20,8	21055	Meyer	Christian	02:02:22
20,8	21019	Moebius	Thorsten	02:37:46
20,8	21062	Moor	Olga	02:30:54
20,8	21022	Moor	Anna	02:36:31
5,5	5009	Mühlberger	Melanie	01:03:12
10	10007	Nastbruch	Marion	01:48:12
20,8	15002	Nierste	Rüdiger	02:51:57
5,5	5008	Olaberry	Antje	01:03:12
5,5	5010	Olberding	Christian	00:41:12
20,8	21042	Politzky	Thilo	02:25:21
20,8	21048	Portala	Anja	02:14:56
20,8	21049	Portala	MartinPortala	02:52:59
20,8	21017	Puncak	Jan	01:30:28
20,8	21016	Reimer	Anne	02:12:39
20,8	21037	Rolf	Christine	02:18:06
20,8	21070	Saidakow	Tatjana	02:12:55
20,8	21034	Salewsky	Dominik	01:29:55
20,8	21052	Sandmann	Dieter	01:42:23
20,8	21018	Schäfer	Andreas	01:38:09
20,8	21028	Schäfer	MarcoJulian	03:27:16
20,8	21072	Schichta	Holger	01:42:17
5,5	5001	Schierbaum	Max	00:32:12
20,8	21050	Schumacher	Ulrich	02:01:15
20,8	21025	Schwarte	Dieter	01:55:41
10	5003	Seidel	Bennet	00:56:12
5,5	10003	Seidel	Luis	00:32:12
20,8	15003	Sieveke	Viktoria	02:09:35
10	10015	Tapken	Marita	01:09:12
20,8	21043	Thörner	Lothar	02:13:43

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10	10025	Tobinski	Jan	01:00:12
10	10016	Toepfer	Helga	01:09:12
20,8	21004	Walbröhl	Sebastian	01:45:39
20,8	21024	Waldmann	Karl	03:25:36
10	10022	Weber	WalterJosef	01:17:12
5,5	10001	Wessendorf	Sören	00:32:12
20,8	21011	Wessendorf	Olli	03:19:13
20,8	21021	Wieferig	Johanna	01:55:52
20,8	21066	Wilken	Sandra	03:27:26
20,8	21036	Wilshusen	Manfred	03:18:26
5,5	10017	Winkelmann	Nico	00:32:12
20,8	21020	Zillig	Marina	02:37:16